# Introduction to the Passive House Standard

David Elfstrom, P.Eng, LEED® AP www.Elfstrom.com www.PassiveBuildings.ca

# Some low-energy homes

#### 1976 Lo-Cal House, Illinois

- R-60 ceilings
- R-30 walls
- Solar orientation

(not overdone)

Triple-glazed

# Some low-energy homes

#### **1977 Saskatchewan Conservation House**

- R-60 ceilings
- R-44 walls

#### o.80 ACH50

ACH50: 57 km/h wind, occurs 1 day every month

### Air-to-air

Heat exchanger (HRV)

# Some low-energy homes

#### 1991 Darmstadt Passive House

- R-52 ceiling
- R-41 walls
- R-43 floor
- 0.20 ACH50

# **Building Code**

2006 Building Code not yet at 1970's capability

- R-40 Ceiling
- R-19 Walls
- R-8 Floor
- No airtightness requirement, approximately 4.0 to 5.0 ACH50 (ten times worse)
- Prescriptive, not performance-based

### Meanwhile...

- Over 20,000 Passive House buildings in Europe, and growing
- European Union have adopted resolutions to make Passive House mandatory in 2015 (2013 in UK)
- We have trouble making 1980's quality mandatory (EnerGuide 80, lower than R-2000)

# Not just about houses

- Translation of PassivHaus is passive-energy building
  - Single-family, multi-storey residential and hotels
  - Office and administrative buildings
  - Schools & educational facilities

#### **Three Passive House Requirements**

- 1. Airtight: Less than **o.6o** ACH50
- Annual heating: Less than 15 kWh/m<sup>2</sup>
  Retrofit: Less than 25 kWh/m<sup>2</sup>
- 3. Annual total energy: Less than **120** kWh/m<sup>2</sup>
- As calculated using PHPP software
- Area is usable indoor floor area (subtract internal walls)
- Energy adjusted to include generation type

## Implications

If peak coldest day heating demand is 10 W/m<sup>2</sup>, can deliver ALL heat through fresh air only without recirculation, no "scorching" the dust, 300 W per person. **Eliminates furnace or boiler.** 

Reality: In northern climates, coldest day is more severe, so small central heater needed

One compact heat pump for heating, cooling, hot water, saves space, very efficient

# Implications

80-90% heating/cooling savings over current building code

#### Affordable

10-15% building cost increase, less with land cost and experience

- Passive survivability
- Use of low-temperature heating sources (renewable energy)
- Path to net-zero

## Implications

- Encourages more compact homes
- Encourages multi-unit dwellings
- Surface temperatures increased, especially windows, from 15°C to 18°C when -14°C outside.
- No need to place heaters or registers under windows. Let heat gently spread.
- No need for humidification

## **Component: Windows**

- Triple-glazed
- Low emissivity coatings
- Argon-fill
- Thermal bridge free design
- R-7 and above (2x better than double low-e argon vinyl)
- Net annual benefit even for north-facing windows

## **Component: Ventilation**

- Fresh outdoor air supply balanced with exhaust
- Dedicated supply to each room
- Exhaust from contaminated areas
- Heat recovery, pre-heats incoming air with exhaust at minimum 75% effectiveness

### **Retrofits – External Insulation**

 Window moved in plane of new insulation layer

## **Retrofits – adding ventilation**

- Minimally invasive addition of ventilation ducts
- Apartment remains occupied
- Debris removed by vacuum cleaner

# **Passive Buildings Canada**

- Federally Incorporated Non-Profit
- Grassroots—member-based volunteer organization
- Democratic—members elect board of directors, must follow bylaws
- Modeled after Austria Passive House Interest Group, CaGBC, other industry groups



promote and support environmentally neutral building designs and construction by encouraging the design, construction, renovation and verification of buildings to the Passive House standard in Canada

## What we offer

- First point of contact for Passive House information
- Communications network for members, access to wealth of knowledge among membership base
- Members commit to help each other
- Host educational events

## Who is a member?

- Builders, trades, manufacturers, architects, engineers, building scientists, project managers, consultants, government representatives, non-governmental organizations, academic institutions
- Share a common goal of making all buildings achieve the Passive House standard.

### www.passivebuildings.ca PASSIVE BUILDINGS CANADA

